



How to Mask!

The City of Hallowell is providing FREE paper masks & hand sanitizer

on request to visitors who may have forgotten to bring theirs to downtown, local businesses, and the City's public parks and open spaces.

This initiative is part of a State of Maine Centers for Disease Control and Prevention funded *Keep Maine Healthy* Municipal COVID-19 Awareness Campaign.



FMI: Health Officer
City of Hallowell
207-430-4403

Facebook.com/
CityOfHallowellME



sorry, cute, but...no.

ahh, noPe mega-fail!



She's got it.

Cover the mouth and the nose.

Thanks.

Remember, proper mask use protects both YOU and THEM.



The safest way to avoid Covid-19 is to:

Stay six feet away from others.

you ← 6 ft → them

If you can't, please, please, please, WEAR a mask!

These are required by State and City orders, and it's also the right thing to do when others are concerned!

Hallowell is a community that cares, and we want to protect older people and others with higher exposure risks to **COVID-19** as we all live, shop, work in the city, and have fun in our beautiful Maine outdoors.

The City of Hallowell Order 20-09 requires businesses, restaurants and bars, public transportation providers, as well as lodging establishments to enforce the Governor's mask face covering orders.

Also maintain safe distance and wear a mask in waiting areas, take-out lines, congested areas downtown, and in any instance where you want to stay safe from **COVID-19!**

This requirement is supported by the Hallowell City Council and the Hallowell Board of Health, and the City's **COVID-19** safety initiative is funded in part by the State of Maine Centers for Disease Control and Prevention.



a few very simple steps:

- **Keep Safe distance.**
- **Wear a mask.**
- **Wash your hands.**
- **Avoid packed crowds.**

When you wear a mask you make a personal choice to protect the health and wellbeing of others—

your family and friends, people with high risk to COVID-19, business owners and employees, and Hallowell's police and firefighters.

Plus those who are just plain scared of the disease!

COVID-19 may be spread by people who are NOT even showing symptoms.

Signs & symptoms:

- Cough • Shortness of breath • difficulty breathing • Fever • Chills • Repeated shaking with chills • Muscle or body aches • Headache • Sore throat • New loss of taste or smell • Congestion or runny nose • Nausea or vomiting • Diarrhea •

FMI go to:
maine.gov/covid19/

