



The Hallowell Age-Friendly Committee is working to make our city inviting, exciting, and accessible for people of all ages and abilities. All are welcome here.

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Hallowell Age-Friendly Committee Meeting Minutes
May 13, 2020 10:00-11:00 am via Zoom video conferencing

Attending: Stephanie Hanner, Bob McIntire, Cindy Sullivan, Karen Tucker and Maggie Warren.

1. Minutes to the April 13, 2020 meeting approved by consensus
2. Reports on recent/upcoming events – Not much is scheduled
3. Newsletter – A decision on when to publish the next issue was postponed until the June meeting.
4. City Comprehensive Plan report – The next Planning Group meeting is May 21, 2020. All are invited. John Bastey later provided minutes to the meeting.
5. Heart and Soul Hallowell - Karen joined the meeting to talk about upcoming training sessions for using Google Docs in the planning process. The next meeting is May 22 at 10AM with guests Pat Hart - Gardiner Mayor, and Robin Mayer - selectwoman from Damariscotta. They will be talking about Heart & Soul and Economic Development.

The Heart and Soul Committee is also working on a contact data base to make sure all organizations have input into the planning process. The group is also working to connect with the Comprehensive Planning Group.

6. AARP Challenge Grant – Bob is preparing a grant application for an AARP Challenge Grant through Vision Hallowell to fund the purchase and installation of a 24-foot ramp to extend from the Granite City Park parking lot to the bulkhead. Deadline is May 15, 2020.
7. Age-Friendly Plan segments remaining to be developed and presented to City Council:
 - Respect and Social Inclusion
Civic Participation and Employment
 - Community Support and Health Services

Stephanie Hanner noted that Spectrum Generations has received additional funding to add more people to the Meals-On-Wheels (MoW) program. Cohen enter staff did wellness calls to MoW customers during April and May.

The anecdotal responses indicated people were even more isolated than usual as the result of loosing personal care services and visits from family members and friends.

One concern around the topics is the people who are “out-of-site and out-of-mind.” Representative Charlotte Warren and Senator Shenna Bellows have people doing wellness calls to individuals in their districts 70 and older as well.

Attendance at the meeting was light so discussion of these two plans will continue during the June meeting.

8. The next Age-Friendly Committee meeting will be Wednesday, June 10, 2020 scheduled from 10:00AM until 11:30AM using Zoom video conferencing.