

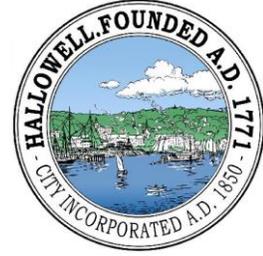


*The Hallowell Age-Friendly Committee is working to make our city inviting, exciting, and accessible for people of all ages and abilities. All are welcome here.*

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## Hallowell Age-Friendly Committee Meeting - Notes

June 12 2019 9:00 – 10:00AM Hallowell Fire Station Coos Lane

Attending: Attending: John Bastey, Michaela Carney – Hallowell City Margaret Chase Smith Intern, Mike Frett, Lyn Gray, Bob McIntire, Diane Polky, Barbara Rohrbaugh, Patrick Wynne, Maryann Zagaria

### Items

#### 1. Additions to the Agenda

Lessons Learned from Maine's Lifelong Community Movement - Maryann shared observations from the conference held in Orono April 30th. She said it was a great opportunity to learn about what is going on across the state.

Notes to the Council – Bob drew attention to a synopsis of the minutes to our May meeting provided to the City Council for the June 10<sup>th</sup> meeting.

More Colorful Chairs Proposal Fern Stearns is proposing adding more colorful chairs to the waterfront. She is suggesting putting them in boat launch area. A copy of her email will accompany the minutes for consideration.

#### Strategic Advocacy Campaign Planning

2. Notes to May 15, 2019 meeting. Approved by consensus

3. Cohen Health Expo Reflection – Bob reported that Maggie Warren, with Dave Wood's help, once again put together a great display. They provided two recumbent bikes for people to experience. The bike blender was again a real hit. Several members assisted Maggie. The Expo is a great way to learn about services.

4. Old Hallowell Day Plan – The plan is to set up a display similar to last year. Maggie has agreed to provide the bike blender. The Adaptive Toolkit display is available for use in our display. Diane said she could make copies of the Hallowell Resource List. WE need lists of additional materials. If you have magnetic material to tape to the back get it to Diane. She will also make copies of the Eight Domains info sheet with our progress noted on the reverse side. Bob will update the accomplishment copy. He will also check with AARP for materials and publication. They provided great giveaways last year. Our location will be in the same place in front of the real estate office at Water and Central Streets. Diane also have some plastic stands the can be used and returned to City Hall.

5. BuildMaine – Bob and members of the Arts and Culture and Conservation Committees as well as Vision Hallowell attended the conference in Lewiston. City

Manager Nate Rudy attempted to earn gas money singing during the Thursday lunch break, but apparently didn't earn enough in tips to make it home. There were great workshops on temporary traffic control projects and presentations on local development throughout the two-day event.

6. The National Rural Livability Conference is being held in Portland Tuesday, June 18<sup>th</sup> through Friday morning June 21<sup>st</sup>. Bob will be attending representing the Committee and will share info at the next meeting.

7. Newsletter Update - (Communication and Information) Spectrum Generations has agreed to be a Publishing Partner. The plan is to begin publication with the first issue in October. Bob asked that committee members think about topics for stories for the first edition. Maryann noted the success that August Age-Friendly had partnering with the Red Cross for the installation promotion in May. Chief Jim Owens walked through at an opportune moment, so we talked about doing another Fall and Fire Prevention workshop in October combined with a smoke alarm campaign. He thought that was a good idea. Bob will be meeting with the Vision Hallowell board this evening the move the project to the next step.

8. Farmers' Market Update (Social Participation) Maggie has been promoting the availability of display space to non-profit organizations, but none have taken up her offer to join the Age-Friendly booth.

9. Walkability Survey – Bob reported that surveys have been received from all the teams. The final survey synopsis will include information provided on city parks and recreation areas by the Conservation Commission as well as the Rural Active Living Assessment conducted by the Health Maine Communities of the Capital Area. Lyn and Barbara agreed to review the survey findings and work on a summary. (woo hoo!)

10. Trek Across Maine News (Civic Participation and Employment) – Maggie talked to members of the Key Club at HallDale High school who will be helping direct traffic on the rail trail during the Trek Across Maine bike ride Sunday morning June 16<sup>th</sup>. Salute to Maggie for taking the lead on ensuring our guests have a safe trip through town.

11. Kennebec Paddle Update – Sammee Quong will be sending along an update later this morning.

12. Age-Friendly Plan – Partner Agreements – Bob suggested that the committee institute a "Hallowell Helps" campaign to recruit volunteers. Maryann wants to make sure that there are opportunities identified in addition to the Catholic Charities/Search.

We need to identify additional partners and find out about other volunteer opportunities. This information should be gathered as part of completing the partnership form. Copies of the form will be distributed along with meeting notes.

13. Next meeting July 10, 2019 9:00AM Hallowell Fire Department Training Room.