



**The Hallowell Age-Friendly Committee
is working to make our city inviting,
exciting, and accessible for people of
all ages and abilities.
All are welcome here.**



Hallowell joined the AARP Network of Age-Friendly Communities* in September 2016. Since that time the city has made great strides toward the goal of becoming friendly for all. The city was awarded a \$6000 AARP grant to research opinions and identify critical Age-Friendly issues.

- The city conducted a community assessment using an in-depth survey and three focus groups to better understand the issues during spring and summer of 2017.
- The Hallowell Age-Friendly Committee was formed by the Mayor as part of the City Council's Health and Wellness Committee in January 2018.
- The City in cooperation with the Hallowell Fire Department provided buckets of sand to citizens 80 and over to help prevent slips and falls.
- The committee partnered with the Hallowell Police Department to present a Fraud Prevention Workshop and community listening session in May 2018.
- During Old Hallowell Day 2018 the committee booth provided information on adaptive tools for everyday living, important credit freeze information and samples of delicious bicycle-powered smoothies!
- Future programs – A Fire and Falls Prevention workshop will be presented in cooperation with the Hallowell Fire Department Saturday, October 13 from 10 to 11:30AM in the new fire station. Refreshments!

How you can help. Share your ideas about how Hallowell can be even more Age-Friendly. Join the committee in its Action Planning Process. Volunteer!
Email hallowellagefriendly@gmail.com Visit www.age-friendly-hallowell.org
Check out the *Eight Domains of Livability* on the reverse side.



LIVABLE COMMUNITIES
Great Places for All Ages™



* The AARP Network of Age-Friendly Communities is an affiliate of the [World Health Organization's Age-Friendly Cities and Communities Program](http://www.aging.org), an international effort launched in 2006.