



*The Hallowell Age-Friendly Committee is working to make our city inviting, exciting, and accessible for people of all ages and abilities. All are welcome here.*

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Hallowell Age-Friendly Committee  
Draft Notes to Meeting August 8, 2018  
9:00AM-10:15AM City Council Chambers

Next Meeting September 12, 2018 9:00AM-10:00AM City Council Chambers

Attending: Sandy Audet, Mike Frett, Sara Grant, Lyn Gray, Stephanie Hanner, Bob McIntire, Maggie Warren, MaryAnn Zagaria

**Action items in bold.**

Additions to the Agenda – Volunteer Application Saco example, Bucksport’s Show You Care campaign, Fire and Falls Prevention Workshop

Notes to the July 25, 2018 meeting were approved by consensus.

Adaptive Tool Kit presentation follow-up. Eight people viewed at Granite Hill, 14 at Cotton Mill. Sandy and Maggie wondered if we could purchase items for resale. They thought we could have sold some items at the Old Hallowell Day booth. The wondered if a peddler’s permit is required? Maggie thought that maybe we should consider making our own toolkit. Bob talked about checking with Gosline’s or Campbell’s Agway about a display. Mary Ann suggested a subcommittee to work on the Old Hallowell Day booth for next year.

Hosting City Council Meeting – The committee reviewed the City Manager’s request to help coordinate a potluck dinner to precede the City Council meeting September 10<sup>th</sup> at the Vaughan Homestead. Maggie wondered what “coordinate” meant? Bob said supplying food, but would check with the City Manager. The committee agreed to the request. **Bob will follow-up with the City Manager and Homestead staff.** (Note-The City Manager said that Public Works will bring tables and chairs.) **Maggie agreed to maintain a list of who is bringing what and will check with Diane about supplies. Stephanie Hanner said that the Cohen Center has beverage containers and that she would check about those.**

Maine Center on Aging and the Maine Community Foundation Survey – members were encouraged to Complete the survey. Bob sent the survey link. The objective is to give the Center for Aging and the Community Foundation direction for planning support for the Age-Friendly Community initiative.

\* The AARP Network of Age-Friendly Communities is an affiliate of the [World Health Organization’s Age-Friendly Cities and Communities Program](#), an international effort launched in 2006.

Bucksport Show You Care – Bob forwarded information from Bucksport Age-Friendly Committee about the initiative to assure that the area communities are “walkable, accessible and safe so that all residents can fully participate in the life of the community.” The City Manager has offered to facilitate a conversation with Bucksport representatives. After much discussion the committee decided that launching an initiative at this time would be difficult given that the city is in the midst of Water Street construction and businesses that would need to be involved already has enough on their plates. We are, however, interested in learning about Bucksport’s experience in the process. Sara explain that Bucksport is of a similar size that it might be advantageous to learn what they gleaned from their experience, like how they deal with communications for example.

Sandy Audet noted that even with the installation of new brick sidewalks on the east side of Water Street the surface is problematic for people who use walkers or wheelchairs.

Mary Ann inquired about the possibility of having Hallowell business owners contribute their thoughts on ways to make their establishments more age-friendly (i.e., requesting suggestions from them rather than making suggestions to them). Sara noted the AARP Walk Audits (<https://www.aarp.org/livable-communities/getting-around/info-2014/aarp-walk-audit-tool-kit.html>) The web page explains how to order the Free, Printed Guide

Email [Fulfillment@AARP.org](mailto:Fulfillment@AARP.org) with the subject line: **Walk Audit Tool Kit**

In the email body include your name, complete mailing address and the "D" number of the guide or guides you're ordering.

- **AARP Walk Audit Tool Kit (D20381)**
- **AARP Walk Audit Tool Kit Leader Guide (D20382)**

*AARP can send one copy of each guide per request.*

Volunteer Information Form – Bob forwarded a copy of the Saco information form. Maggie provided some suggested language for the form. After some discussion Maggie, Lyn and Mike agreed to meet and revise the copy to be more inviting and engaging.

Fire and Falls Prevention Workshop – Bob met with Fire Chief Jim Owen. The workshop is Saturday, October 13<sup>th</sup> beginning at 10AM. Bob provided copies of a poster created for the fire station opening. We should start looking for sponsors.

#### Action Plan Next Steps

Continue Community Asset Mapping. The committee discussed how important that it is that businesses know of our work. **Bob will contact Wes Littlefield, President of the Hallowell Area Board of Trade (HABOT) at Camden National Bank about making a presentation to the HABOT Board of Directors and members at an upcoming.**

**After the meeting Sandy Audet agreed to work on completing the Group. Organization and Institution Age-Friendly Asset Inventory (Appendix 5 in The Maine Guide). She will also talk with Jackie Martin about returning as a committee member as Sandy doesn't have email.**

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