



**The Hallowell Age-Friendly Committee is working to make our city inviting, exciting, and accessible for people of all ages and abilities. All are welcome here.**

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Hallowell Age-Friendly Committee Meeting (HAAFC)  
Minutes May 15, 2019 9:00 – 10:45AM Hallowell Fire Station Coos Lane

Attending: John Basty, Mike Frett, Lyn Gray, Bob McIntire, Diane Polky, Barbara Rohrbough, and Patrick Wynne.

## Items

### 1. Additions to the Agenda

BuildMaine Conference June 5<sup>th</sup> and 6<sup>th</sup>, The BuildMaine Conference is June 5<sup>th</sup> and 6<sup>th</sup> in Lewiston. Hallowell is among the cities sponsoring the event. An agenda is attached. The registration link is <http://www.build-maine.com/build-maine-tickets?category=Individual%20Tickets> Registration fees can be covered.

The National Rural Livability Conference will be held in Portland June 18<sup>th</sup> through the 21<sup>st</sup>. Here is the link to register for the conference:  
<https://www.surveymonkey.com/r/RurWrkshp>  
This is the code for the free ticket: AARP+BME2019

Cohen Center Health Fair - Friday, June 7, Spectrum Generations' Cohen Community Center in Hallowell will host their annual Healthy Aging Expo, from 9:00 a.m. — 2:00 p.m. Maggie will be just outside the entrance with the bike-o-blender. For more information call 626-7777. Spectrum Generations' Cohen Community Center is located at 22 Town Farm Road in Hallowell.

### 2. Notes to April 10, 2019 meeting. Approved by consensus

3. Planning – Patricia Oh, *Age-Friendly Consultant, AARP Maine/Livable* - Patricia reviewed the history of the HAAFC as it related to the creation of an age-friendly plan. The timeline list of milestones reflects the action taken by the committee. Early on it was decided that the community assessment would be completed (summer 2017) before the committee was appointed (January, 2018). HAAFC members are action-oriented and as a result started working on initiatives even as the planning process was just getting underway, participating in training, sponsoring workshops and listing sessions, and participating in community celebrations. Our plan will reflect that work as well as the plans for future efforts.

Patricia noted that some actions plans had way too many goals. It should reflect realistic expectations. She stressed that the plan should be engaging beginning at the very cover page. Include pictures in the document. A scheduled review/evaluation is

important after three years of activity for example and invite updating and revision of goals. She said that the committee was doing good work, making progress and that the plan should reflect that. The partnerships with Vision Hallowell and other partners should be included.

Maggie thought there was some question as to the committee's ability to provide direction to the city as we weren't an official committee. Patricia believes we have been appointed by the Mayor. Patrick concurred. Diane will review the question with the Mayor and in the minutes to confirm the committee's official responsibility.

Bob thought that the committee should consider engaging younger people for input to the plan.

4. Transportation Roundtable – Revised notes were sent to participants. The most immediate action step the Committee can take is to develop a volunteer recruitment campaign in support of Catholic Charities SEACH program. Recruiting additional Partners can help promote the effort while identifying other possible volunteer opportunities at churches and civic organizations. Note – Diane provided a list of area churches.

5. Faith-based Initiative Age-Friendly teleconference - John reported on the monthly AARP conference call. Recording available for review.

6. Newsletter progress – There are five confirmed Publishing Partners, Bob will meet with Jamie Houghton, Vision Hallowell, to plan production. Bob made a presentation to the City Council Finance Committee in support of a budget request to fund being a Publishing Partner.

7. Walkability Survey Update – Surveys have been completed for many of the routes. The Hallowell Conservation Commission will be providing observations about the four City parks. Chris Buck sent a copy of the 2019 Sidewalk Survey and Inventory prepared by Hallowell Public Works.

8. Farmers' Market Update – Maggie distributed a schedule to organizations that might be interested in participating, but has received no responses.

9. Trek Across Maine News – Maggie sent out a request for volunteers. Contact her if you can help on Sunday morning, June 16<sup>th</sup> or [Erica.Fredrick-Rock@lung.org](mailto:Erica.Fredrick-Rock@lung.org) – 624-0310

#### 10. Other Items

John noted the Age-Friendly article in the May issue of *Maine Senior* magazine.

Maggie thought that the Committee should contact City Council about improving internet and cable tv access for seniors.

## 11. Age-Friendly Plan – Requirements Review and Domain discussion

Partner Agreements – presently only one form from the Boy Scouts.

Additions or revisions to each of the eight domains of livability action plan as noted in the minutes

- Outdoor Spaces and Buildings – Mike and Bob – Walkability Survey
- Housing – Committee
- Social Participation - Maggie and Lyn
- Respect and Social Inclusion - Maggie and Lyn
- Civic Participation and Employment – Committee
- Communication and Information – Maggie and Lyn
- Community Support and Services – Cindy - Spectrum Generations