

Hallowell Age-Friendly Committee
Draft Notes to Meeting September 19, 2018
9:00 – 10:00AM City Council Chambers

Next Meeting October 10, 2018 9:00-10:00AM – Tentatively in the new fire station training room. Diane will check for availability.

Attending: John Basty, Mike Frett, Lyn Gray, Bob McIntire, Diane Polky, Nate Rudy, Maggie Warren, and Mary Ann Zagaria.

Action items in bold.

Additions to the Agenda: email about DOT outreach forum, Age-Friendly regional meeting report from MaryAnn.

Notes to August 8, 2018 meeting we approved by consensus.

Welcome John Bastey to the committee. He has been working with the Down with the Crown Committee and will be on the evolving Downtown Advisory Committee.

City Council Meeting – great food, good time – Thanks everyone for contributions.

Wisdom Summit Report – Nate Rudy and Mike Frett attended the Wisdom Summit on Wednesday, September 12 at the Civic Center. Both reported that the event was most informative. The program began with a panel discussion on the state of aging in Maine. Nate and Mike both spoke of the presentation by Fran Seeley, a senior advocate who in 2015 was recognized national as a Senior Corps Hero.

Nate spoke of his involvement with Maine Municipal Association (MMA) and issues on aging and housing.

Mike attended a session on building community systems for housing options and described efforts in Portland to allow owners of larger house to have tenants. With the state's aging population, he feels that older people have power on two spectrums; voting and financial resources.

MaryAnn wondered about the legal implications of having boarders and the need for contracts or agreements to protect the interests of all parties.

Nate suggested that the Maine Council on Aging or MMA might have models of agreements.

Mike mentioned that issues like zoning restriction and owners becoming landlords with all the entails. He spoke of the presentation of Bill Shane, Town Manager of Cumberland, about the town's accessory building unit ordinance that allows the construction of smaller units without some of the lot restrictions applied to single family or duplex/multiplex buildings.

Related links

<https://www.cumberlandmaine.com/planning-board/files/adu-amnd>

<https://ecode360.com/14884788> § 315-45 Conversions

John noted the model of younger people, like college students, moving in with older people to share expenses and household tasks.

Fire and Falls Prevention Workshop October 13, 2018

Promoting the event – Diane distributed posters she revised. Refreshments – we thought light pastries would be sufficient. The fire station has a full kitchen. **Bob will check with the chief to learn about the facilities available for beverages.**

Maggie suggested that we have our October 10th meeting at the Fire Station so we could become familiar with the facility. **Diane will check with the chief to see if that is possible.**

MaryAnn attended the Age-Friendly regional meeting and submitted this report about our work so far.

- The success of our Old Hallowell Day booth, including our use of the Bethel adaptive tool kit and Maggie's high-visibility bicycle-peddled smoothie maker to attract passersby and volunteers.
- The development of a tailored volunteer form to better understand the desires of volunteers in serving and the ability to more appropriately place them for service and other projects.
- The development of an AFC bullet-point sheet, with the 8 domains of livability on the reverse side, to be used as talking points to explain our goals and accomplishments thus far, when engaging with the community members, business owners, and organization members.
- Thanked the other attendees of this regional gathering for their openness in discussing and sharing their plans, programs, and successes.
- Patricia Oh requested electronic copies of our fact sheet which Bob provided.

Action Plan Next Steps – Bob asked members to again review the Age-Friendly Planning Template that Sara provided. He will email information through Google Docs. Here is a Tiny URL for the link

<https://tinyurl.com/yc265zhf>

All members can edit the Google doc. You have to have a Gmail account which is free and doesn't have to be used for anything other than editing the shared document. Most committee members have Gmail accounts already.

Our plan should address each of the Eight Domains of Livability:

- Outdoor Spaces and Buildings
- Transportation
- Housing, Social Participation
- Respect and Social Inclusion
- Civic Participation and Employment
- Communication and Information – Maggie and Lyn
- Community Support and Services

Committee members were asked to choose one or two domains they are most interested in and focus on developing the action plan for those domains. Maggie and Lyn chose Communication and Information.

The first step is to review the results from our survey, comments from the focus groups and analysis of responses to our listening session. Incorporate that information in the plan template to jump start the planning process.

Nate said he hoped that we would have the draft plan developed to inform the comprehensive planning process which he anticipates beginning in late winter. He sees the comprehensive plan as an economic development plan and our work would be an important contribution.

Partners Form – In an earlier meeting it was suggested that a script be created so that we all gather the same information about prospective partners in our work. Bob provided form that could be used when meeting with prospective partners. The objectives are to learn about other individuals or organizations that are or could provide services of interest to seniors. Gathering this information will help us complete the Community Asset Mapping step of the planning process.

After the meeting Maggie had some suggestions she feels might help improve our work.

- Establish time to be spent on each agenda item and have a time keeper to keep the meeting moving along.
- Be sure that everyone has an opportunity to contribute. One strategy would be at the end of the meeting ask each member for a brief reflection or reaction to the discussions or work during session.
- Have every member fill out a Volunteer Information Form and note our individual experience or expertise that we bring to the table. We could briefly share in info at the beginning of the next meeting, so we appreciate the great capacity of our committee.

We'll incorporate Maggie's suggestions in our next meeting.

FIRE AND FALLS PREVENTION WORKSHOP

Saturday, October 13, 2018

10:00 AM with Chief Jim Owens



**Presented by the
Hallowell Fire
Department
in cooperation with**

**Hallowell's
Age-Friendly
Committee
New Fire Station
2 Coos Lane**

