



The Hallowell Age-Friendly Committee is working to make our city inviting, exciting, and accessible for people of all ages and abilities. All are welcome here.

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www.age-friendly-hallowell.org



Hallowell Age-Friendly Committee Meeting Minutes
May 13, 2020 10:00-11:00 am via Zoom video conferencing

Attending: Stephanie Hanner, Bob McIntire, Cindy Sullivan, Karen Tucker and Maggie Warren.

1. Minutes to the April 13, 2020 meeting approved by consensus
2. Reports on recent/upcoming events – Not much is scheduled
3. Newsletter – A decision on when to publish the next issue was postponed until the June meeting.
4. City Comprehensive Plan report – The next Planning Group meeting is May 21, 2020. All are invited. John Bastey later provided minutes to the meeting.
5. Heart and Soul Hallowell - Karen joined the meeting to talk about upcoming training sessions for using Google Docs in the planning process. The next meeting is May 22 at 10AM with guests Pat Hart - Gardiner Mayor, and Robin Mayer - selectwoman from Damariscotta. They will be talking about Heart & Soul and Economic Development.

The Heart and Soul Committee is also working on a contact data base to make sure all organizations have input into the planning process. The group is also working to connect with the Comprehensive Planning Group.

6. AARP Challenge Grant – Bob is preparing a grant application for an AARP Challenge Grant through Vision Hallowell to fund the purchase and installation of a 24-foot ramp to extend from the Granite City Park parking lot to the bulkhead. Deadline is May 15, 2020.
7. Age-Friendly Plan segments remaining to be developed and presented to City Council:
 - Respect and Social Inclusion
Civic Participation and Employment
 - Community Support and Health Services

Stephanie Hanner noted that Spectrum Generations has received additional funding to add more people to the Meals-On-Wheels (MoW) program. Cohen enter staff did wellness calls to MoW customers during April and May.

The anecdotal responses indicated people were even more isolated than usual as the result of loosing personal care services and visits from family members and friends.

One concern around the topics is the people who are “out-of-site and out-of-mind.” Representative Charlotte Warren and Senator Shenna Bellows have people doing wellness calls to individuals in their districts 70 and older as well.

Attendance at the meeting was light so discussion of these two plans will continue during the June meeting.

8. The next Age-Friendly Committee meeting will be Wednesday, June 10, 2020 scheduled from 10:00AM until 11:30AM using Zoom video conferencing.



Action Plan - Respect and Social Inclusion
Civic Participation and Employment
 (Draft 6/3/2020)

Our vision – Hallowell Citizens of all ages feel welcome can contribute to our community to the level they feel most comfortable.

Goal – Hallowell residents are supported to live their lives to the fullest.

What we know – Source - Community Survey

- 81% have lived in Hallowell for at least 5 years.
- 77% of respondents rate Hallowell as either an excellent or good place to live as they age.
- 40% have lived here for 20 years or more.
- 63% say it is extremely important to them to remain in the city as they age.
- 43.4% say they feel respected as an older resident in Hallowell.
- 31.5% feel activities are available for all ages
- 31.5% believe volunteer activities are also frequently mentioned as qualities that make Hallowell Age-Friendly.

- Barriers/Needs:** Source Listening Session
 Outreach (communications)
 Cultural Events
 Information on volunteer opportunities
 Information - Isolation – lack of real data

*So, if you're walking down the street
 sometime
 And spot some hollow ancient eyes.
 Please don't just pass 'em by and stare
 As if you didn't care, say,
 "Hello in there, hello."
 "Hello In There" John Prine*

Committee Action to Date:

Focus groups, survey, on-going participation in various committees and initiatives

Immediate Action within 12 months	Goal	Point - Resource	Steps	Metrics	Outcome
Celebrate contributions of individuals that make Hallowell a caring community.	People have the opportunity to contribute to improving the quality of life in hallowell for people of all ages.	Civic, social, and religious organizations.	Work with determine organizations to identify opportunities to help. Promote needs.	Opportunities are documented and involvement tracked.	Citizens will recognize that personal involvement can have an impact on our neighbor's quality of life.

Long Term 1-2 years	Goal	Point - Resource	Steps	Metrics	Outcome
Opportunities for individual participation and employment are expanded and recognized.	Hallowell citizens of all ages can contribute to improving the quality of life in our city and see the	Civic, social, and religious organizations.	Work with determine organizations to identify opportunities to help. Promote needs.	Opportunities are documented and involvement tracked.	Citizens will recognize that personal involvement can have an impact on our neighbor's quality of life.