



The Hallowell Age-Friendly Committee is working to make our city inviting, exciting, and accessible for people of all ages and abilities. All are welcome here.

1 Winthrop Street ~ Hallowell, Maine 04347

hallowellagefriendly@gmail.com

www.age-friendly-hallowell.org



Hallowell Age-Friendly Committee Meeting Minutes - DRAFT
March 11, 2019 9:00AM

Attending: John Bastey, Lyn Gray, Stephanie Hanner, Bob McIntire, Diane Polky, Barbara Rohrbaugh, Cindy Sullivan, Karen Tucker, Maggie Warren, Patrick Wynne

1. Additions to the Agenda, Heart and Soul
2. Notes to February 12, 2020 meeting. Approved by consensus
3. Reports on recent events – Heart and Soul meeting Karen Tucker – Six people met for the meeting March 2nd. Karen is meeting today with a person interested in being a co-coordinator. Next step is to meet with the City Manager and schedule training sessions.

<https://www.communityheartandsoul.org/>

4. Reports on upcoming events **Canceled**

Free Shredding April 25, 2020 Hallowell Team – Need a few others

Mike Frett mvfrett@gmail.com 207-458-1182 10-11:30

Bob McIntire bobauvergne@gmail.com 207-592-4718 Whatever works best. Diane Polky citycleark@hallowellmaine.org 207-931-6286 10 – 12

Maggie Warren maggiewarren@roadrunner.com 441-8658 talk/text 1-2PMDave Wood outwood@roadrunner.com 207 441-0022 1-2PM

5. Newsletter – Summer Issue Planning - Deadline April 15, 2020
Story suggestions: Cotton Mill, Merrill's Bookstore, restaurants, specialty stores (HABOT topics?), Farmer's Market, Bicentennial activities, new local health officer, hunting regulations, Covid 19, new girl scout troop in Hallowell, 100th anniversary of women's suffrage.
6. City Comprehensive Plan Update – Next meeting is March 19. Current focus is land use planning and building development. John will forward information from the consultant.
7. Heart and Soul Hallowell – Karen provided additional information about the Heart and Soul planning process. She described the work in Gardiner. Several needs or wants were identified like a gym, additional entertainment options and coffee/refreshment venues that been opened or created.

A step in the Heart and Soul process is recording interviews with people about what they like in Hallowell and what they might like to see changed. This information could be helpful for the comprehensive planning process as well.

8. Age-Friendly Plan –Review – Two part so the plan were presented to City Council at Monday evening’s meeting; Transportation and Open Spaces and Buildings.

Remaining Plans – Housing, Communication and Information, Community Support and Health Services, and the combined Social Participation, Respect and Social Inclusion and Civic Participation and Employment.

The committee will focus on the next two parts of the plan; Housing and Communication and Information. A planning session was scheduled for Wednesday, March 19th at 9AM to discuss the sections.

9. Trek Across Maine – Maggie reminded us that 1200 bicyclists will be coming through Hallowell on the Father’s Day Weekend. She is coordinating efforts to greet cyclists as they ride through. People are needed to greet and direct people as they navigate the trail. Contact her maggiewarren@roadrunner.com - (207) 441-8658
10. Meeting Adjourned at 10:15AM.



Press Release - Hallowell Helps

April 6, 2020

Hallowell Helps – www.hallowellhelps.org
(207) 370-1406

Contacts for more information

Peter Spiegel – HallDale Parent-Teacher Organization - (857) 205-1121
geospiegs@gmail.com

Charlotte Warren (207) 441-9116 repcharlottewarren@gmail.com

Bob McIntire – Chair, Hallowell All Age-Friendly Committee (207) 592- 4718
hallowellagefriendly@gmail.com

The third week of March was scheduled to be a short one for students at HallDale Elementary and the other schools in RSU2 and then came the Coronavirus. Suddenly what was a three-day week of classes turned to no classes at all! What would closing schools and businesses mean? How would some people get food if there was a stay-at-home order or get to medical appointments if they didn't drive?

Members of the HallDale Elementary school parent-teacher organization were anxious to help in any way they could. Many were active on a Facebook page and began sharing information. Peter Spiegel, a HallDale parent, created an online form so people willing to volunteer could sign up and indicate how they could help, for example shopping for groceries, delivering food to those quarantined or offering a ride. Within a week over fifty people had signed up to provide what assistance they could.

Charlotte Warren, who represents Hallowell, West Gardiner and Manchester in the Maine Legislature learned of the effort and posted the invitation to recruit helpers in those communities as well. Members of the Hallowell All Age-Friendly Committee recognizing the need for recruiting volunteers and sharing information, recruited Chris Cart, artist and web designer, to create www.hallowellhelps.org. People who want to help and those who need assistance can visit the website and fill out an online form. There are links to programs like Meals on Wheels and SEARCH, the Catholic Charities effort to find drivers and companions.

The Hallowell Food Bank suddenly needed packers and drivers as many of the volunteers are older and concerned about contracting the Coronavirus. The Food Bank also began distributing food once a week rather than once a month. Jeanne Langsdorf, the Food Bank director contacted Charlotte Warren to recruit helpers through the new initiative.

People needing assistance are encouraged to call the Hallowell Help Hotline (207)-370-1406 and leave a message, email hallowellhelps@gmail.com or fill out an online form at the website www.hallowellhelps.org